

SUPPLEMENT FACTS:

Each Gummy contains:

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INGREDIENTS	STRENGTH	THERAPEUTIC INDICATION			
Vitamin A	371mcg	Essential for vision. Keeps tissues and skin healthy. Plays an important role in bone growth and in the immune system			
Vitamin B1	0.3mg	Helps convert food into energy. Needed for healthy skin, hair, muscles, and brain and is critical for nerve function.			
Vitamin B2	0.3mg	Helps break down proteins, fats, and carbohydrates. It plays a vital role in maintaining the body's energy supply.			
Vitamin B3	4mg	Helps convert food into energy. Essential for healthy skin, blood cells, brain, and nervous system			
Vitamin B5	1.3mg	Helps make lipids (fats), neurotransmitters, steroid hormones, and haemoglobin			
Vitamin B6	1.1mg	Reduce the risk of heart disease, plays key roles in sleep, appetite, and moods. Helps make red blood cells Influences cognitive abilities and immune function			
Vitamin B7	6mcg	Biotin for children is important for the healthy growth of hair, energy boost, brain functions, and other functions			
Vitamin B9	310mcg	Vital for new cell creation Helps prevent brain and spine birth defects when taken early in pregnancy; should be taken reg- ularly by all women of child-bearing age, may reduce heart disease risk			
Vitamin B12	0.6mcg	Protects nerve cells and encourages their normal growth Helps make red blood cells and DNA			
Vitamin C	19mg	Involved in many body functions, including formation of col- lagen, absorption of iron, the proper functioning of the immune system, wound healing, and the maintenance of cartilage, bones, and teeth			
Vitamin D2	5.6mcg	It is a fat-soluble vitamin that helps your body absorb calci-			

um and phosphorus, which strengthen bones and prevents
from various bone disorders

Vitamin E	4.4mg	Acts as an antioxidant, neutralizing unstable molecules that can damage cells. Protects vitamin A and certain lipids from damage.		
Vitamin K1	19mcg	It helps to make other proteins in the body that are important for blood, bone and kidney health, also plays a starring role in blood clotting		
Iron as Ferrous Fumarate	1mg	Helps haemoglobin in red blood cells and myoglobin in muscle cells carry oxygen throughout the body. Needed for chemical reactions in the body and for making amino acids, collagen, neurotransmitters, and hormones		
Zinc as Gluconate Mentioned	0.95mg	Helps form many enzymes and proteins and create new cells. Needed for immune system, taste, smell, and wound healing. zinc may delay the progression of age-related mac-ular degeneration.		
Selenium as Sodium Selenite	4.5mcg	It has anti-inflammatory and antioxidant activity and helps keep muscles and tissues healthy, including those of the heart, skin, and blood vessels.		
Copper as Copper Gluconate	0.01mg	Plays an important role in iron metabolism and immune system. Helps make red blood cell		
Chromium as Chloride	7mcg	It helps metabolize macronutrients, providing the energy needed by muscles and brain support the body's compre- hensive and healthy development, also play role in improv- ing insulin sensitivity & body composition in overweight children		
Molybdenum as Sodium Molybdate	9mcg	It promotes normal cell function and works with vitamin B2 to incorporate iron into red blood cells and therefore supports the optimal energy levels.		

Description:

Tiflgum Gummies are dietary supplement that consists of all the essential vitamins and minerals, specially designed to support healthy growth and development in children and to boost immunity.

Usage:

- Supports rapid growth and development.
- Helps to improve energy levels and leads to active lifestyle.
- Supports healthy functioning immune system.
- Powerful antioxidant support to help combat cell-damaging free radicals.

Do not take Tiflgum Gummies

If you are allergic (hypersensitive) to any of the ingredients of Tiflgum gummies.

Precautions



Do	not	exceed	the	recommended	intake
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Taking with other medicines

Tell your doctor if you are taking or have recently taken/used any other medicines as they may interfere with Tiflgum gummies

Overdose

If you (or someone else) accidentally take too many gummies, you should tell your doctor at once or contact the nearest accident and emergency department. Show any leftover medicines or the empty packet to the doctor.

Side effects

No side effect reported.

Dosage:

It is recommended to take 2 - 4 gummies once a day or as prescribed by the practitioner.

Instructions:

Store in a dry place below 30°C. Protect from heat & sunlight. Keep out of the reach of children.

Disclaimer

This product is a nutritional supplement and not intended for treatment of any disease.

Presentation

TIFLGUM gummies are available in 30's in PET bottle.

خوراک: دوسے چارگمیز دن میں ایک مرتبہ پامستند معالج کے مشورے سے استعال کریں۔ **ہدایات**: خشک جگہ پرC°30 سے کم درجہ حرارت پر رکھیں۔ گرمی اور سورج کی روشنی سے حفوظ رکھیں۔ بحول کی پنچ سے دوررغیں۔

Nutraceutical: Not for treatment of any disease
ینوٹراسیوٹیکل : یہ پراڈکٹ کسی بیماری کے علاج کے لیے نہیں ہے۔

ISO 14001:2015

For detailed information:

$\underline{\operatorname{GENI}}^{\mathbf{t}}_{\mathcal{X}} \text{ Genix Pharma (Pvt.) Ltd.}$

44,45-B, Korangi Creek Road, Karachi-75190, Pakistan. **UAN:** +92-21-111-10-10-11, **Email:** info@genixpharma.com







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www.genixpharma.com